

# Healing the Witch Wound

As heard on The Afterlight Podcast



Written by  
Dr. Susan Corso  
for the Afterlight Podcast

# How we display this Spiritual Wounding



Here is the list of “symptoms” or how we display this Spiritual Wounding—which, as you know, is in essence what has separated each one of us from the Divine Within and the Divine Without.

## 1st Feeling disembodied

- Feeling unaccepted and unacceptable
- Fear of personal violence/violation
- Feeling excluded

## 2nd Invalid & invalidated emotions

- “Something’s” wrong with me
- Difficulty making & keeping boundaries

## 3rd Fear of public rejection or humiliation

- Constant comparison
- Perfectionism
- Self-sabotage

## 4th Fear of parental rejection

- People-pleasing
- Fear of being fully yourself and thereby faceting
- Co-dependency

## 5th Playing small/self-shrinkage

- Feeling judged by others
- Must choose money or happiness
- Silenced or Talks too much

## 6th Distrust of people

- Suppressing what you know
- Suppressing how you practice
- Relying on logic & strategy rather than intuition & wisdom

## 7th Disconnected from the Divine Within & the Divine Without

- Lack of self-trust
- Afraid of God
- Deference to authority

## 8th Pity not compassion

- Playing victim
- No boundaries
- Constant vulnerability

Created by Dr. Susan Corso for The Afterlight Podcast

# Healing the Witch Wound



What the Witch Wound asks is that we reclaim ALL OF WHO WE ARE.

So what I recommend is that each person go through the list, not overthinking, but instinctually, checking off their versions of the Witch Wound through the whole system.

Then, starting at the Root Chakra, use EFT (Emotional Freedom Techniques) or Tapping to clear three levels of each symptom.

Those three levels are all the ways information can be expressed to us:

1. What I say about or to myself.
2. What others say to me.
3. What I fear or hear others say about me.

Another way to say this is: I / You / He or First Person, Second Person, & Third Person.

In terms of Tapping, as I said, I choose the order of the meridians intuitively depending upon what I am clearing. Here are the meridians to which each Tapping Point corresponds:

## In Descending Order

Top of Head	>	Governing Vessel
Eyebrow	>	Bladder
Temple	>	Gall Bladder
Orbital	>	Stomach
Plectrum	>	Governing Vessel
Chin	>	Conception Vessel
Collarbone	>	Kidney
Under arm	>	Spleen
Below nipple	>	Liver
Side of Hand	>	Small Intestine

## In Order I Originally Learned

Side of Hand	>	Small Intestine
Eyebrow	>	Bladder
Temple	>	Gall Bladder
Orbital	>	Stomach
Plectrum	>	Governing Vessel
Chin	>	Conception Vessel
Collarbone	>	Kidney
Under arm	>	Spleen
Top of Head	>	Governing Vessel

## Additional Original Tapping Points

### Sore Spot or Neurolymphatic Point

Pinky	>	Heart
Middle Finger	>	Heart Protector
Index Finger	>	Large Intestine
Ring Finger	>	Triple-Heater
Thumb	>	Lung

Created by Dr. Susan Corso for The Afterlight Podcast

# Healing the Witch Wound



Follow your instincts! Remember, none of us know how we have this wound encoded since so much of it will be subconscious.

The other thing I use is this remarkable recording of a Sanskrit chant to Ganesh, Hindu God and Remover of All Obstacles.

Click to listen: <https://www.youtube.com/watch?v=vz5NN-TKtQE>

It's incredible how quickly things clear with this gentle, kind deity.

As far as I'm concerned, I don't need to know all the details about where and how and what happened related to "my" Witch Wound. What I need is to have it healed, gone, complete! YIPPEE!

A blessing to you and all your listeners on the miraculous journey we call life,

Susan.

## Meet Susan

Dr. Susan Corso, is a metaphysician, an intuitive, and an author of both fiction and nonfiction.

She has had a spiritual consulting practice for over 40 years. Her latest nonfiction are the eight Energy Integrity workbooks; they teach applied, practical knowledge of how your chakras reflect your past, how your chakras can be changed in the present, and how to use your own human energy system to create your future. Her fiction crosses genres and is about people who are conscious creators. She lives in the Hudson River Valley in Cupcake Manor with her beloved husband and her familiar, Smooch.

<https://iampersand.org/>

<https://susancorso.com/>

## Meet Lauren

I am an Evidential Medium and Seer.

I work with professionals to help them make empowered decisions to help them get to where they want to go by connecting intuitively and clairvoyantly with their Spirit Guides and Angels and their passed-over loved ones.

Book a reading here: <https://laurengraceinspirations.com/soul-deep-session/>

Listen to the podcast here: <https://theafterlight.podbean.com/>

Created by Dr. Susan Corso for The Afterlight Podcast